

nebulae

HAPPINESS IS NOT A CHAIR

Title: **Nebulae**

Duration: **30 minutes**

Genre: **Theatre/urban dance**

Of: **Mirco Bruzzesi**

With: **Daniela Manetta**

and: **Alessio d'Urso**

Direction: **Mirco Bruzzesi**

Coreographies: **Simona Ficosecco**

Costumes: **Liubov Kutzentsova**

Make-up: **Riccardo Socionovo**

Production: **L'Abile Teatro**

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Artistic file



Synopsis of the opera

urban theater-dance show

nebulæ

Urban theater-dance show where the performers, ready to bring their coreography to the stage, they realize they don't have desire to dance anymore, obsessed with one only question: **why am I not happy?**

The search for happiness derails them towards new languages, eventually abandoning their roles, entering into conflict and engaging the audience to help them. Their research will lead them to reveal to the viewer a single irrefutable certainty: **happiness is not a chair.**

Through the use of new techniques and experimentation with new languages, Nebulæ allows the public to get closer to the world of contemporary dance, to have fun and to intrigue.



Happiness is not a chair

Happiness is a mystery. We chase after it without understanding exactly where to find it. Our models are mostly based on possession: beauty, success, wealth, **a white chair**. And even when we manage to reach them with enormous sacrifices, we still feel empty and unsatisfied. And so we return to the starting point: uncertainty.

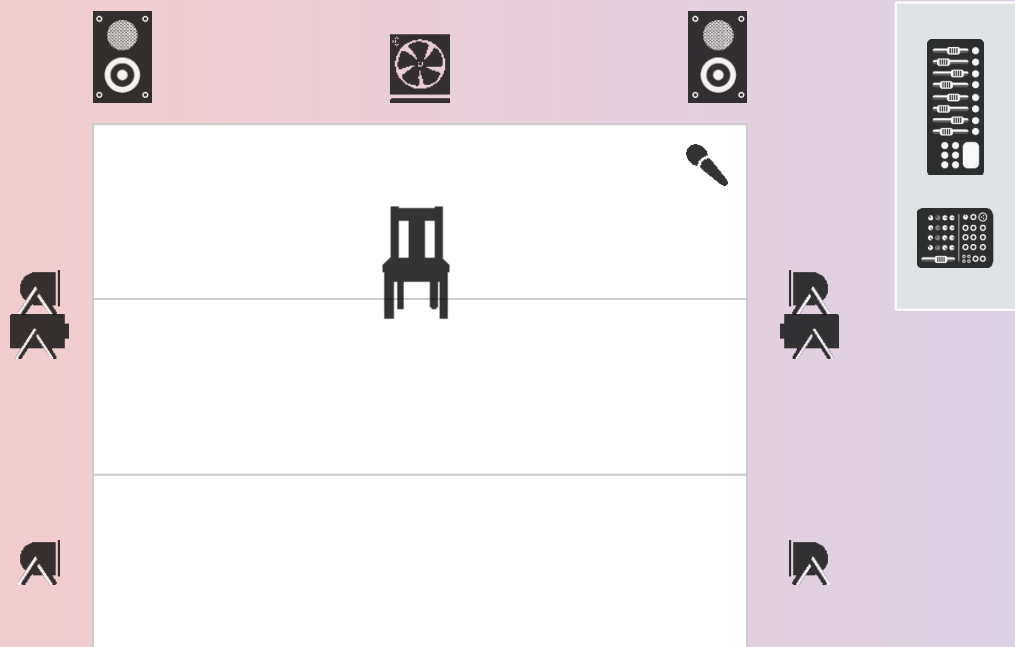
Uncertainty, **the fog that envelops everything**, is the natural habitat of human life. Yet the hope of escaping it is the main ingredient of happiness. We would like to experience authentic happiness, but it seems to remain constantly at a certain distance from us. And for how many efforts we make to get closer, she walks away from us.

But what is happiness ultimately? If this question seems to escape our understanding, perhaps we just need to change the way we look at things.

Instead of looking for happiness on the horizon, where it is suggested to us that it may be located, we could look for it on the journey to be made. Instead of escaping uncertainty, we could welcome it excited. Instead of looking for it out of our control, we could recognize the happiness that is already ours.



Technical sheet



Outdoor performance



Roll out vinyl dance floor

at least 5m x 5m



A chair

Better if it's
IKEA STEFAN white



2 audio speakers

2 x 200w



Audio mixer

with multi-effects processor
(eco effect)



Cable

Jack 3.5mm - 2 Jack 6.3mm
(for tablets)



Microphone

10m wire, or wireless



DMX lights

with light memories



Smoke machine

Absorption 120w
Radio control
10 seconds delivery



4 x COB Led

Absorption 100w

Outdoors

Nebulae is a show designed to run in open spaces. Both for the intensive use of the smoke machine and for the ignition of a smoke generator installed in a stage costume. But it can be adapted to do it indoors.

Night / Day

The show gives its best during the night, relying on a lighting design created to enhance dancers and smoke. However, light is only an outline; the show can also be presented during the day.

Things essential

The show is adaptable to different requests, however we need a dance carpet of at least 5x5 to perform, two smoke machines (we can take them with us on the plane if necessary), and a chair (preferably IKEA STEFAN white).



The company L'Abile Teatro

L'Abile Teatro comes from an artistic project by Mirco Bruzzesi and Simon Luca Barboni. This project is dedicated to the creation of "a silent circus and magic performance, not silent at all", oriented to circus disciplines and comic theater.

They debuted with the show "Mago per Svago"; in 2012 at the Valeria Moriconi studio theater in Jesi, subsequently winner in 2018 of the audience prize at the Milano Clown Festival and of the jury prize at the Clown&Clown of Monte San Giusto. In the same year they create a 70-minute hall version, now circulating with ATGTP and

AMAT organisations in the theaters of the Marche region. After the experience of "Mago per Svago"; the company produces a show focused on the phobia of the error: "Happy Mistakes", winner of the "GAME3"; call promoted by AMAT.

In 2020 the L'Abile Teatro company grows, welcoming the performers Daniela Manetta and Alessio d'Urso and producing Nebulae, a urban theater/dance show designed for the street art festival circuit.

For more info
www.labileteatro.it



Performance

Performance not registered with a copyright protection body.

Musiche

Performance registered with a copyright protection body.



Nebulae Happiness is not a chair

Music List

- 1 - Henrik Schwarz, Alma Quartet Amsterdam, CCMYK9
- 2 - Rival Consoles - Odyssey
- 3 - Jon Hopkins - The Low Places (Geese Remix)
- 4 - GoGo Penguin - Protest
- 5 - Henrik Schwarz - Alma Quartet Amsterdam
- Happy Hipster



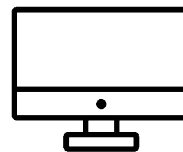
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FOR MORE INFO

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LAGRÙ

Cultural and social
promotion association

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